

THE OHIO STATE UNIVERSITY
CENTER FOR MINIMALLY INVASIVE SURGERY PRESENTS



THE SIXTH ANNUAL

Care of the **Bariatric Patient Conference**

August 31 – September 1, 2017

The Blackwell Inn & Pfahl Conference Center



THE OHIO STATE UNIVERSITY

WEXNER MEDICAL CENTER



The Sixth Annual Care of the Bariatric Patient Conference

Needs Assessment

With the continued prevalence of obesity, patients continue seeking surgical and non-surgical approaches to help with weight loss and the resolution of comorbidities. For physicians, allied health professionals and nurses to provide the high quality of care, they must keep up with the current medical innovations and changes to pre and post-operative care. The goal of this course is to educate learners on research, outcomes, new and upcoming procedures through didactics, patient panels and breakout sessions.

Course Overview

This two day course is designed for general and bariatric surgeons, allied health professionals, and dietitians whom are interested in comprehensive care of the bariatric surgical patient. The course will review the latest updates in nutritional guidelines, operative procedures, and patient management in the bariatric surgery patient.

Objectives

Completion of this course will enable participants to:

- Understand and assess the roles of different healthcare providers in caring for the bariatric patient.
- Differentiate between the different types of bariatric procedures and be able to choose which best fits the patient.
- Understand the role of medically managed weight loss in pre and post-operative weight management.
- Understand and assess the role of pre-operative diet/lifestyle education for the patients and effect on long term outcomes.
- Identify and describe the effects of bariatric surgery on obesity related comorbidities.
- Understand the health related impacts of obesity.
- Identify the psychological factors of pre and post-operative weight management.
- Understand access to care through healthcare disparities.

Accreditation

The Ohio State University Wexner Medical Center, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The Ohio State University Wexner Medical Center designates this educational activity for a maximum of 12.75 AMA PRA Category I Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

For those individuals seeking continuing nursing education credit may do so by turning in their CME certificate with the nursing board and will receive the equivalent in credits.

Disclosure Statement

Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speakers' presentations. Each speaker has completed a conflict-of-interest statement. Disclosure statements will be provided to participants in the course.

Commercial Support

The course organizers gratefully acknowledge the generous support of our corporate sponsors.

Mission Statement

The Ohio State University Center for Minimally Invasive Surgery is dedicated to the achievement of excellence in patient care, clinical training, research and outcomes studies pertaining to the techniques and technology of minimally invasive surgery. For more information on CMIS course offerings, please visit <http://cmis.osu.edu>.

Ohio State Course Directors



Bradley Needleman, MD, FACS, FASMBS

Associate Professor of Surgery
Interim Chair, Division of General and Gastrointestinal Surgery
Director, Center for Minimally Invasive Surgery
Medical Director, Comprehensive Weight Management,
Metabolic and Bariatric Surgery



Sabrena Noria, MD, PhD, FRCSC, FASMBS

Assistant Professor of Surgery
The Ohio State University, Wexner Medical Center
Department of Surgery, Division of General & Gastrointestinal
Surgery



Course Agenda

Thursday, August 31

7:30 a.m. Registration & Continental Breakfast

8:00 a.m. Welcome and Review of Agenda

The Impact of Obesity

8:10 a.m. Globesity: The Pandemic of the 21st Century

9:00 a.m. Healthcare Disparities: The Inequities in Burden of Disease and Access to Care

9:45 a.m. **BREAK**

10:00 a.m. Health-Related Impact of Obesity: Pathophysiology, Pre-Op Work-up and Effect of Surgery

- Cardiovascular Risk
- Pulmonary Risk
- Type 2 Diabetes
- Risk of Cancer
- Psychosocial Issues and Relationships

11:30 a.m. Patient Panel: The Impact of Obesity on Living and Effect of Surgery

- Surgery
 - Roux-en-y Gastric Bypass
 - Sleeve Gastrectomy
- Endoscopy
 - Intra-gastric Balloon
- Medically Managed Patient

12:25 p.m. **LUNCH**

Our Impact on Obesity

1:00 p.m. Role of the Primary Care Provider and Timing of Referral to a Weight Management “Specialist.”

1:30 p.m. Medical Weight Loss: Who, What, When, Why and What if?

Thursday, August 31

- 2:00 p.m. **BREAK**
- 2:10 p.m. Childhood Obesity & Impact of Bariatric Surgery
- 2:50 p.m. Surgical/Endoscopic Weight Loss: Summary of Procedures and Expected Outcomes
- Gastric Bypass
 - Sleeve Gastrectomy
 - Duodenal Switch and Stomach Intestinal Pylorus Preserving Surgery (SIPS)
 - Balloons and Bands
- 3:50 p.m. Choosing the Right Intervention
- 4:30 p.m. Can We Legislate an End to the Obesity Crisis?
- 4:50 p.m. Adjourn
- 5:00 p.m. **RECEPTION: BLACKWELL BALLROOM LOBBY**

Friday, September 1

- 7:30 a.m. Registration & Continental Breakfast

How Can We Impact the Quality of Care Provided to Treat Obesity?

- 8:10 a.m. Evidence-Based Approach to Weight Loss Surgery: Preparation of the Patient
- Medical Optimization
 - Pre-Operative Weight Loss
 - What Does It Mean to be Psychologically Cleared?
- 9:00 a.m. Recognition and Treatment of Common Surgical Complications
- 9:30 a.m. Managing Weight Plateaus and Regain
- 10:00 a.m. **BREAK**

Friday, September 1

- 10:15 a.m. Breakout sessions (Choose two sessions)
- 1. Be the Surgeon:** Hands on experience with robotic surgery, laparoscopic suturing, stapling and more.
 - 2. Best Practices (Inpatient):** Employing strategies to reduce length of stay, complications and readmissions.
 - ERAS (ENERGY)
 - Care Coaching
 - Pharmacy
 - 3. Best Practices (Outpatient):** Identifying and treating common outpatient problems.
 - Ulcers
 - Vitamins deficiencies
 - Weight regain
 - Dehydration
 - Abdominal Pain

12:30 p.m. **LUNCH**

From Bench to Bedside: Current Research at OSU

- 1:00 p.m. Scientific Session: An Overview of Clinical, Psychological and Basic Science Studies
- Pre-operative EGD: Is there a value?
 - Pathogenomics: An approach to personalized healthcare
 - The Effect of Care Coaches on LOS and Patient Satisfaction
 - Tregs and the Inflammatory State
 - The Brain and Weight Loss (DBS)
 - The Role of Relationships in Weight Loss
 - Studies in Progress
- 2:00 p.m. What Does the Future Hold for Obesity Treatments?
- 2:45 p.m. Q and A and Wrap-up
- 3:00 p.m. CME Event Adjourned

Travel & Accommodations

Travel and hotel are the responsibility of the individual attendees. The Ohio State University is not responsible for travel arrangements. Please confirm course registration prior to hotel registration or the purchase of airline tickets. If you need special accommodations due to disability, please contact Abby Zonker at (614) 293-9072.

The Blackwell Inn:

The Blackwell is a simple craftsman design aesthetic with contemporary amenities. It is the only hotel located on The Ohio State University Campus and provides easy access to the University's state-of-the-art recreational facilities. With complimentary airport transportation and close proximity to the downtown arts & entertainment district of Columbus, Ohio, The Blackwell matches convenience and comfort for an unparalleled stay. For more information, please visit their website at: www.theblackwell.com. Make your reservation today, call 614/247-4000 and reference "Care of the Bariatric Patient".

A block of rooms has been reserved at the Blackwell Inn at a reduced rate of \$149 per night, single or double occupancy, plus room tax. Reservations must be received on or before July 31, 2017 to ensure the reduced rate.

Air Travel

It is recommended that you use Port Columbus International Airport, which is a 15-minute drive to the hotel.

Register Today

To register, visit <http://go.osu.edu/Bariatric> or mail your completed form to:

Abby Zonker, Center for Minimally Invasive Surgery
558 Doan Hall; 410 W. 10th Ave., Columbus, OH 43210

Contact Phone: 614-293-9072 and Email: Abby.Zonker@osumc.edu

Registration Cancellation Policy: 100% of the course fee will be refunded for cancellations received up to two weeks prior to the course. Cancellations received less than two weeks prior to course will be refunded less a 50% cancellation fee.

Registration Form

First Name

Last Name

Title (MD/DO/RN/RD)

Address

City

State/ Country

ZIP

Phone

Fax

Email

Primary Hospital Affiliation

REGISTRATION FEES

On or Before August 14:

Physicians: \$400

Allied health professional/ dietitian: \$175

Fellow/ Resident: \$175

OSU Allied Health Professional/Dietitian: \$25

After August 14:

Physicians: \$450

Allied health professional/ dietitian: \$225

Fellow/ Resident: \$225

OSU Allied Health Professional/Dietitian: \$30

PAYMENT METHOD

Amount Enclosed \$ _____

Payment *(Please indicate form of payment below)*

Check *(payable to The Ohio State University CMIS)*

MasterCard Visa AMEX

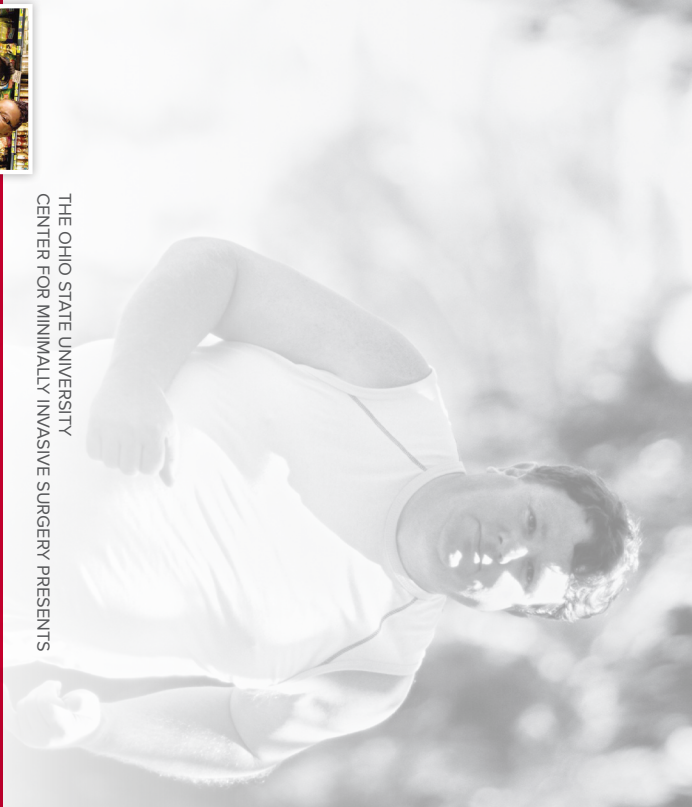
(Discover available through CCME website only)

Credit Card Number

Exp. Date

Authorized Signature

Billing Zip Code



THE OHIO STATE UNIVERSITY
CENTER FOR MINIMALLY INVASIVE SURGERY PRESENTS



THE SIXTH ANNUAL
Care of the
Bariatric Patient Conference



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

The Ohio State University
Center for Minimally Invasive Surgery

NON-PROFIT
U.S. POSTAGE
P A I D
Columbus, Ohio
Permit No. 711